

## PE and Sport Premium 2022 - 2023 (Analysis)

## Rationale

Physical Education, School Sport and Physical Activity are at the heart of Thornhill Primary School. We have the following ambitions for PESSPA:

- For our children to enjoy being active
- For all children to be physically literate
- For all children to have the knowledge, skills and motivation to equip them for a healthy lifestyle moving into adulthood
- For all children to have the potential to participate in lifelong physical activity and sport
- For all our children to experience competitive sport
- For our children to develop important life skills through regular sport and outdoor activities
- For our children to take part in daily high quality PE lessons ( 30 minutes per day) and daily physical activity/sport (at least 30 minutes per day)
- Be able to swim confidently and understand how to stay safe around water

At Thornhill Primary School we recently improved our facilities and have amazing spaces for PESSPA to flourish. Our school playground has been re-surfaced in 3G, allowing it to be used throughout the year. The school grounds benefit from two multi-sport pitches, low level
climbing course, sand pit with run up area, sprint track, a large field and forest school area. In EYFS and Key Stage 1 our children master the fundamentals of sport allowing them to excel in a range of physical activities as they get older. We also teach our children to lead healthy active lifestyles to take into adulthood. Our children are physically active for sustained periods of time, helping them to reach the target of sixty minutes of physical activity per day set by the Government.

The following analysis indicates how our PE and Sport Premium funding of approximately $£ 18,000$ has been allocated in order to ensure that our children receive a broad range of high-quality physical experiences. It should be noted that historically we have always also spent in excess of this figure on the provision of PE within our school.

Details with regard to funding
Please complete the table below.

| Meeting national curriculum requirements for swimming and water safety. | Year 6 class missed 1 full year of <br> swimming. |
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| N.B. Complete this section to your best ability. For example you might have practised safe self-rescue <br> techniques on dry land which you can then transfer to the pool when school swimming restarts. <br> Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe <br> self rescue even if they do not fully meet the first two requirements of the NC programme of study |  |
| What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a <br> distance of at least 25 metres? <br> N.B. Even though your pupils may swim in another year please report on their attainment on leaving <br> primary school at the end of the summer term 2020. | $60 \%$ |
| Please see note above | $60 \%$ |
| What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front <br> crawl, backstroke and breaststroke]? | Ylease see note above |


| Academic Year: 2022/23 | Total fund allocated: $\text { £17, } 795$ | Date Updated: July 2023 |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Key indicator 1: The engagement of all pupils in regular physical activity - Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school |  |  |  | Percentage of total allocation: |
|  |  |  |  | £4895-29\% |
| Intent | Implementation |  | Impact |  |
| Your school focus should be clear what you want the pupils to know and be able to do and about <br> what they need to learn and to consolidate through practice: | Make sure your actions to achieve are linked to your intentions: | Fundin g allocat ed: | Evidence of impact: what do pupils now know and what can they now do? What has changed? | Sustainability and suggested next steps: |
| Specialist sports coaches/health professionals to deliver a range of sports during/after school to motivate and encourage our children to take part in at least 30 minutes of physical activity per day | Fundamental Movement Development Programme for EYFS ran by Education Enterprise Legacy <br> Curriculum Support from | £1000 | All children participating in 30 mins per day of regular exercise. Supported children's confidence and access to a range of different sports, which they may not normally undertake. We have further developed school club links | The EYFS programme to continue and curriculum support (2 days) to also continue |


|  | Education Enterprise Legacy | £1000 | with Shildon Football Club and local sports providers (holiday camps/activities) In EYFS the fundamental movement lessons were successful and enjoyed by the children. Children made progress within gross motor skills. |  |
| :---: | :---: | :---: | :---: | :---: |
| To engage at least 50\% of the children to take part in extracurricular sport and physical activity | After school club ran by Education Enterprise Legacy <br> Golf Coach <br> Dance Coach | £2400 | There has been a variety of sports clubs on offer over the academic year ran by outside coaches and our own staff. Over 50\% of the children have taken part in extracurricular sport or physical activity. | To continue to offer children the opportunity to attend after school sports clubs |
| To encourage children to use active modes of travel to school to encourage active healthy lifestyles | To use the WOW travel tracker to promote active travel to school. <br> The scheme tracks how pupils get to school and rewards active travel with monthly badges <br> Bike ability and balance training delivered by DCC - equipment purchased by school for EYFS \& helmets | £495 | The children have taken part this year in the WOW walk to school challenge and earned badges for active travel. We also have a trophy for the most active class and this is awarded in a weekly praise assembly. On the WOW travel tracker $80 \%$ of journeys to school were classed as active (including park and stride) | Free funding for the WOW Walk to School challenge has finished. <br> There is an option to purchase the scheme at a cost <br> Bikeability is booked for years 4,5 and 6 for the next academic year |


|  | Walk to school with the walking bus |  | Year 4 took part in bikeability |  |
| :---: | :---: | :---: | :---: | :---: |
| Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement |  |  |  | Percentage of total allocation: |
|  |  |  |  | Less than $1 \%$ - majority of Key indicator is through in-house CPD, Facebook, Newsletters |
| Intent | Implementation |  | Impact |  |
| Your school focus should be clear what you want the pupils to know and be able to do and about <br> what they need to learn and to consolidate through practice: | Make sure your actions to achieve are linked to your intentions: | Fundin <br> g <br> allocat <br> ed: | Evidence of impact: what do pupils now know and what can they now do? What has changed? | Sustainability and suggested next steps: |


| Achievements celebrated in weekly assembly to highlight the successes and efforts of pupils throughout our daily PE sessions. Children who have represented the school in competitions, leagues and festivals are also presented with medals and certificates. Furthermore, children's successes outside of school are praised. | Children to be awarded with star of the week certificate. Termly and half term prizes given for the PE Stars in different classes. Continued presentation of certificates, medals and trophies in whole school assemblies to promote the achievements and opportunities available within and outside of school. | £100 | PE stars awarded at the end of lessons, star of the week awarded in weekly assembly alongside forest school star of the week. PE is an important aspect in the school and the children value their lessons, achievements and understand the positive outcomes that PE give them in terms of health benefits, promotion of good mental health and well-being, developing skills of resilience, perseverance and determination and working as a team. | To continue with PE star and Star of the Week |
| :---: | :---: | :---: | :---: | :---: |
| There are designated notice boards around school that celebrate the pupils' successes in a variety of sports, both in and out of school. This enhances the profile and raises awareness of sports which are on offer in school and locally. The 'School Games Values' are also displayed which promotes positive attitudes regarding sport and their academic work. | To use the notice boards to promote the profile of PESSPA. Including upcoming sports events, achievements, school games values, sports clubs in the local area and after school | £100 | Noticeboards used for PESSPA and playground leaders/buddy's Pupils value the work of the buddies and use the noticeboard to find out which buddies are on duty and which activities are taking place. | To continue to use the two noticeboards for: <br> 1. Buddy's/playground leaders <br> 2. PESSPA noticeboard with information and photographs |


| The school uses its half termly <br> newsletter and social media <br> outlets to inform parents of <br> sporting successes, fixtures and <br> further information on how to <br> access sport within school. | PE and sport updates included in <br> the half termly <br> newsletter. Regular use of social <br> media to inform parents of <br> achievements and developments <br> in school | Free | Half termly newsletter <br> included PE and sport updates. <br> Use of social media (Facebook) <br> to raise the profile and inform <br> adults of success and events <br> attended. Positive feedback is <br> given on our Facebook by <br> parents/ carers. |  |
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| Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport |  |  |  | Percentage of total allocation: |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Less than $1 \%$ - CPD is in house with specialist PE teacher and delivered by coaches whose costs have been allocated above. |
| Intent | Implementation |  | Impact |  |
| Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice: | Make sure your actions to achieve are linked to your intentions: | Funding allocated: | Evidence of impact: what do pupils now know and what can they now do? What has changed? | Sustainability and suggested next steps: |


| Continued professional development in PE for teaching staff and wider school staff | Staff attended PE network meetings and training courses in swimming | £250 | The swimming course allowed staff to assist the swimming teacher and allowed more children to swim for longer | For staff to continue using CPD opportunities to improve their subject knowledge and confidence to deliver PE and sport |
| :---: | :---: | :---: | :---: | :---: |
| To purchase a dance teaching resource that includes session plans, units of work and fun ideas to further develop and improve dance lessons | As a school we purchased I Moves as a dance resource | £250 | The use of I Moves was a big success, the children talked about enjoying the lessons and music. For example year 1 used the Great Fire of London lessons and year 2 different dance styles from around the world | To continue the use of I Moves and further develop it's use |
| Key indicator 4: Broader experience of a range of sports and activities offered to all pupils |  |  |  | Percentage of total allocation: |
|  |  |  |  | 40\% - £7000 |
| Intent | Implementation |  | Impact |  |
| Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice: | Make sure your actions to achieve are linked to your intentions: | Funding allocated: | Evidence of impact: what do pupils now know and what can they now do? What has changed? | Sustainability and suggested next steps: |


| Extra swimming lessons to enable <br> our year 4 and year 5 class to swim <br> for the whole academic year | Year 4 weekly swimming lesson | $£ 3000$ | Year 4 and 5 swam for the <br> whole academic year. Some of <br> the year 6 children received a <br> booster session at the end of <br> year 6 before leaving school | Next year year 3,4 and 5 will swim <br> for the whole academic year. In <br> summer 2 year 6 children will <br> receive booster documents |
| :--- | :--- | :--- | :--- | :--- |
| Purchase and update PE, forest <br> school and playground equipment <br> to help children to excel in a broad <br> range of physical activities | Year Equipment | Playground Equipment | Foekly swimming lesson | $£ 3000$ |


| Key indicator 5: Increased participation in competitive sport |  |  |  | Percentage of total allocation: |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | £ 5200-30\% |
| Intent | Implementation |  | Impact |  |
| Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice: | Make sure your actions to achieve are linked to your intentions: | Funding allocated: | Evidence of impact: what do pupils now know and what can they now do? What has changed? | Sustainability and suggested next steps: |


| Engage in competitive sports and activities (inter school) to help pupils become physically confident, build character and embed values | Partnership with Go Well buying into the annual competitions SLA <br> Partnership with Education Enterprise Legacy Ltd <br> - X6 league package <br> - Festival package <br> - Competition package | £2000 <br> £3000 | As a school we entered and attended numerous different sports events (leagues, competitions and festivals). All our children represented the school at least once over the academic year, with most children taking part twice or more. They are now aware of important skills and life skills such as teamwork and sportsmanship. We were awarded the Gold School Games Award. We enjoyed sporting success in football, dodgeball and cricket | As a school we have decided to work with Education Enterprise as part of the Wear Valley SSP, as most of our children progress to these secondary schools and transport distances/costs are lower |
| :---: | :---: | :---: | :---: | :---: |
| Engage in competitive sports and activities (intra school) to help pupils become physically confident, build character and embed values | To offer children competitive sporting opportunities to include personal challenges and intra school competitions. Money to be used towards certificates, advertising and prizes | £200 | In school the children took part in a wide variety of intra school competitions in PE. We also held a World Athletics Championships inspired sports day, where the children represented a country and competed against their peers. Pupils used Shildon AFC during the year to take part in various sports. | To continue to use intra school competition in PESSPA to help build character and embed values and improve social skills |


| Signed off by |  |
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| Head Teacher: |  |
| Date: |  |
| Subject Leader: | G Ayres |
| Date: | July 2023 |
| Governor: |  |
| Date: |  |

